

ABSTRACT OF THE DISCLOSURE

An appendage cover (10) for at least partially covering a portion of an appendage (14) of a user to permit the appendage to slide upon a selected support surface is disclosed. The appendage cover includes an outer surface (16) of a first material, the
5 outer surface oriented to engage the support surface when worn upon the appendage. The first material has a low coefficient of friction to permit the appendage to slide upon the support surface and to impede the adhering of the outer surface to the support surface. The appendage cover further includes an inner surface (18) of a second material, the inner surface oriented to engage the appendage. The second material has a high coefficient of
10 friction to permit the appendage to adhere to the outer surface to impede the sliding of the appendage relative to the inner surface.